

WHAT WOULD JESUS UNDO?

OVER-CRITICIZING – WEEK 4

Small Group Time:

Talking through the message during the week helps you and your group turn what God is saying to you into action steps. Begin with key questions, add any optional Scriptures and questions if needed, and then wrap up by deciding on your next steps.

Main Idea:

If He was editing your life, What Would Jesus Undo? We tie ourselves in knots going through the motions to meet the world's expectations. But you weren't created for that. Whether you're struggling to find a new start or looking for a place to grow, it's time to get real about who you're meant to be. Maybe your desired future is less about adding things to your already chaotic life, and more about subtracting a few.

Key Questions:

1. Who is the most difficult person in your life to receive criticism from (*can be presently or from your childhood*)?
2. Would you consider yourself a critical person? What person is it easiest to be critical of in your life?
3. Ben said, "Critical people are overly critical of themselves, & attempt to cover their perceived deficiencies by criticizing others." Do you agree or disagree with this? Why? What are some major ways you see this happening in yourself?
4. Read **Proverbs 12:18**. Which category do you typically fall into – the person who uses their words to cut or uses their words to heal?
5. Ben gave 3 reasons why we typically become fault-finders... (1) PRIDE (2) INSECURITY (3) DON'T UNDERSTAND. Which reason is most common for your tendency to be critical?
6. Read **Luke 6:37-41**. Instead of giving criticism & finding faults, what does this passage instruct us to give to other people in our lives? What are some examples that Christ set of doing this? What are some things you need to do to follow His example in this area?
7. Ben said, "The need for criticism is extinguished when our identity is restored." What is something in your life that you need to stop being so critical of yourself? Is your damaged identity, worth, & value affecting the way you look at & talk about others?

Next Steps:

- What's one thing you will do this week as a result of something you learned from this message?