

# ELEPHANTS

## THINGS NOBODY WANTS TO TALK ABOUT

### PORNOGRAPHY – WEEK 5

#### **Small Group Time:**

Talking through the message during the week helps you and your group turn what God is saying to you into action steps. Begin with key questions, add any optional Scriptures and questions if needed, and then wrap up by deciding on your next steps.

#### **Main Idea:**

Ever noticed how there are some things that are really difficult to talk about? It happens in our families, at our work, with our friends, & it most certainly happens in the church. And because things are difficult to talk about, we find ourselves constantly dancing around or avoiding those topics. Not anymore! It's time to have an open, healthy conversation about the "Elephants in the Room".

#### **Key Questions:**

1. What was the most difficult week of this series for you? Why?
2. Do you remember having "the talk"? Who gave it to you? What do you remember about it – good or bad?
3. Talk about some of the statistics Ben shared about pornography. What stands out?
  - *33.5 billion visits to pornographic websites annually*
  - *Over 100 million visits daily*
  - *64,000 new visitors to pornographic website each minute*
  - *30% of internet consists of porn-related sites*
  - *Pornography industry makes over \$3000/second = more than all professional sports combined*
  - *Average age exposed to pornography = 11 years old*
  - *29% of pornography usage is by women; 17% of women admit addiction to pornography*
4. We tend to ask this question – "What rules did God give to try to suppress me?" instead of "What framework is there for the best possible life?" What are some ways we're asking the wrong question sexually? Are there other areas of your life you've viewed things thru the lens of the first question rather than the second?
5. Ben talked about the cost of engaging with pornography - physically, mentally, emotionally, and spiritually. Why is it so easy for us to overlook the long-term cost and choose the best possible moment instead of the best possible life?
6. Read **Proverbs 5:18-19**. What do you think this passage says about God's design for our sexual satisfaction?
7. Read **Romans 12:2**. How do we renew our minds when it comes to pornography and sexual sin?
8. The last thing Ben talked about was setting visible boundaries. What are some visible boundaries that we can set to keep us from engaging in dangerous sexual behavior?

#### **Next Steps:**

- What's one thing you will do this week as a result of something you learned from this message?