Small Group Time:

Talking through the message during the week helps you and your group turn what God is saying to you into action steps. Begin with key questions, add any optional Scriptures and questions if needed, and then wrap up by deciding on your next steps.

Main Idea:

We constantly make decisions about who we want to be. We make resolutions; we set goals. Often, these goals are focused on ourselves. Losing weight, saving money —even the best goals are often inherently self-centered. Christ did not call us to live that way. To live the life God has for us, we must be willing to reject our own comfort for the good of others. It's not easy, and it sure isn't comfortable. But when we start living a generous life, God can do so much more.

Key Questions:

- 1. Have you ever felt lonely? Was it a long season or something that came on fast?
- 2. Isolation fuels loneliness. Do you find yourself retreating to isolation? Why?
- 3. In what ways do you isolate yourself the most? (Netflix, cellphone, work, etc.)
- 4. How do you build healthy relationships?
- 5. Do you have any unhealthy relationships that need to go?
- 6. Who is God placing in your path that you need to fit inside your circle? (Co-workers, Neighbors, etc.)
- 7. How are you allowing God to fill your cup so you can be selfless in relationships around you?

Next Steps:

- What's one thing you will do this week as a result of something you learned from this message?
- Name one person whom God has place in your path and a simple conversation you can have.